

ÉDITION 2023

# TAKE UP THE CHALLENGE!

10 challenges to become a power for change



**ARE YOU READY?**

**Go to Pesticide Action Week website  
to show everyone!**



**Get the full programme at**  
**[www.semaine-sans-pesticides.fr](http://www.semaine-sans-pesticides.fr)**



@SemaineAlterPesticides



@Alter\_Pesticide



@alternatives\_pesticides

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**PESTICIDE  
ACTION  
WEEK**  
March 20-30

 **générations  
FUTURES**

# OUR ENGAGED CHALLENGES

## 1 The Sprout-Marathon:

*A simple and fun sprouting race! Plant your grains and share them growing*

## 2 Garden without pesticides

*Share your gardening tips with the #SPAP2023*

## 3 Promote your farmer

*The perfect occasion to eat local and organic and helping your local farmers*

## 4

## Call your representative

*Ask for 100% organic menus at school cafeterias and shared organic gardens*

## 5 Promote SPAP

*Create a new visual for SPAP that you can share!*

## 6

## Shake your representatives

*Find out more about the current interpellations and consultations on [shaketonpolitique.org](https://shaketonpolitique.org) and interpellate !*

## 7 To the kitchens

*Bake, cook, steam new recipes with organic foods*

## 8

## A buzzing post

*Post content on organic farming! The best ones will be shared on our social media!*

## 9 Participate in Graine d'Artiste

*Or have friends and family do it with you !*

## 10

## Let's play !

*Test your knowledge on pesticides with our digital wheel, don't forget to share your results with the #SPAP2023*

SEMAINE  
pour les  
alternatives  
aux  
pesticides

20 au 30 mars

Take part in the challenges and find all the details at:  
<https://www.semaine-sans-pesticides.fr/defi-en-ligne/>

An action organised during the Pesticide Action Week